

Summary

Eloise has a Bachelor of Health Sciences with first class Honours awarded by Deakin University (2014). Her Honours thesis focused on family mealtimes with young children in Australia. Eloise has enjoyed contributing to various health-related projects as a Research Assistant since 2012. These include the areas of physical activity behaviour, measurement and promotion, child and infant nutrition, mHealth and behaviour change. Eloise enjoys the diversity of research and is passionate about researching and promoting healthy physical activity and nutrition habits from infancy and the health and wellbeing of socioeconomically disadvantaged groups.

Peer-reviewed publications

Laws RA, Denney-Wilson EA, Taki S, Russell CG, Zheng M, **Litterbach E**, Ong KL, Lymer S, Elliot R, Campbell KJ. Key Lessons and Impact of the Growing Healthy mHealth Program on Milk Feeding, Timing of Introduction of Solids, and Infant Growth: Quasi-Experimental Study. *JMIR Mhealth Uhealth*. 2018;6(4):e78.

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Russell CG, Denney-Wilson E, Laws RA, Abbot G, Zheng M, Lymer S, Taki S, **Litterbach E**, Ong KL, Campbell KJ. Impact of the Growing Healthy mHealth Program on Maternal Feeding Practices, Infant Food Preferences, and Satiety Responsiveness: Quasi-Experimental Study. *JMIR Mhealth Uhealth*. 2018;6(4):e77.

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