

Help Us Understand the Emotional Side of Diabetes



The MIND-MAP* Study

We are launching a national study to better understand how diabetes affects the emotional well-being of Australians living with diabetes—**and we want to hear from you.**

Why it matters

By sharing your experiences, you will help improve mental health support for people with diabetes across Australia.

What will be involved



4 short online surveys
over 3 years



Reflect on your diabetes journey
and emotional well-being



All from the comfort of home



Complete all surveys for your
chance to WIN 1 of 20 x
\$100 eGift cards!

You can take part if you:

- ➔ have diabetes: T1D, T2D, MODY, LADA (excluding gestational diabetes)
- ➔ are 18+ years old and live in Australia



Scan the QR code or visit:

- 🌐 redcap.link/7f4ddset
- ✉ mind-map@acbrd.org.au

We respect your privacy. Your data is confidential, securely stored, and never reported in a way that identifies you. Approved by Deakin University Human Research Ethics Committee (2024/HE000401).

** The Mental health IN Diabetes and Monitoring AND Pathways study is proudly led by the Australian Centre for Behavioural Research in Diabetes - A partnership between Deakin University and Diabetes Victoria – and supported by the National Health and Medical Research Council.*

Partners for better health